



Gulf Coast Dining

Gluten - Free bread available on request

♥ = Denotes A Healthier Choice Option

Soup

French onion ♥
Soup of the Day

Entrées

Mediterranean Shrimp Pasta

Oregano & Garlic infused Tomato Sauce with Kalamata Olives topped with Feta Cheese

Char ~ Grilled Filet Mignon

Five ~ Ounce Beef Tenderloin

Chicken Fried Steak

With Mashed Potatoes & Country Gravy

Lemon ~ Oregano Chicken Breast ♥

Marinated in Italian spices and grilled with Lemon Slices

House Cut Grilled Salmon

Sustainable Seafood from British Columbia
Subject to availability

Sandwiches

(All Sandwiches come with your choice of
Potato Chips, Sweet Potato Fries or French Fries)

West Coast Turkey

Bacon, Avocado, & Swiss
on Croissant

Deli Sandwich

Choice of Meat: Turkey, Ham, Chicken or Tuna Salad
Cheese: American, Swiss, Provolone
Bread: White, Wheat, and Rye

Ham & Cheese Panini

Basil Pesto Aioli, Italian Dressing,
Black Forest Ham, Kalamata Olives, Swiss Cheese
Grilled Tomatoes on a Hoagie Roll

Hamburger on Kaiser Bun

Chargrilled Beef Patty on Toasted Kaiser
Build your own Cheese burger with Swiss, American or Cheddar

Gary Burger

Grilled onions & grilled mushrooms, Swiss Cheese on Toasted Rye

B.L.T.A. Croissant

Eggplant Kaiser

Fried Eggplant Medallion, Baby Spinach, Basil Aioli, Feta Cheese

Entrées Salads

South Texas Tenderloin Salad

Mixed greens and spinach with bell peppers, avocado,
Monterey jack, Tortilla chips and Pico de Gallo

Chef Cobb

Turkey, Wright's Bacon, Avocado, Jack Cheese, & Candied Pecan,
With Chipotle Ranch Dressing

Spinach Salad ♥

Warm Bacon Dressing, Hardboiled Egg, Red Onion, & Bacon

Entree Caesar

Traditional Caesar Salad with choice of Grilled Shrimp
Steak tenderloin, Chicken Breast or Daily Fish Special

Greek Salad

Cucumbers, Tomatoes, Kalamata Olives, Red Onion,
Artichoke Hearts, Crumbled Feta Cheese and Bell Pepper
over mixed Greens w/ Greek Dressing

Isabel's Salad ♥

Choice of Grilled Chicken, Daily fish, Chicken or Tuna Salads,
Atop a mixed green bed with Hard Boiled Egg, & Sliced Avocado

Hot Side Dishes

Mashed Potato ♥

Baked Potato ♥

French Fries

Gingered Brown Rice ♥

Baked Sweet Potato ♥

Sweet Potato Fries

Creamed Spinach

Starter Salads

Cottage Cheese ♥

Fruit Plate ♥

Cole slaw

Tomato~Avocado ♥

Garden Salad ♥

Berry Salad

Betty Salad

Classic Caesar